



Six Nations Health Services Presents

YOUTH COOKING PROJECT

Ages 12-18

Participate in a 3-Week Safe Food Handling Course and 3-Week Cooking Project

DATES: FEBRUARY 7TH, 14TH, 21ST, 28TH, MARCH 7TH AND 14TH

LOCATION: CHILD AND YOUTH HEALTH BOARDROOM & WHITE PINES KITCHEN

ALL SESSIONS WILL RUN 5-8PM

Gain a safe-food handling certificate, build your cooking skills, get a weekly meal and join us for a trip to Toronto to visit the CN Tower, Ripley's Aquarium and the Pow Wow Cafe on Saturday March 23rd.

For more information or to register please call 519-445-4983 ext. 2248. Registering a maximum of eight participants on a first come, first serve basis.

