

Wellbriety *Group*

Aboriginal Medicine Wheel teachings and how they relate to the 12 steps. The program was developed by the White Bison based on the teachings of the medicine wheel, the Cycle of Life and the Four Laws of Change. Open to all, 18 yrs and up who desire to work the 12 steps using and Aboriginal approach.

April 6 - June 8, 2017

New Directions Group ~ Thursdays from 6:30- 8:30 pm
Call Barry Miller @ 519-445-2947 to register.

Co-ed Group

Pick up a registration form at New Directions Group



*To find harmony & balance
while living a substance free life
based on White Bison teachings*

