

PHARMACY BENEFIT INFORMATION FOR FIRST NATIONS

Did you know that many products and medications covered by the Non-Insured Health Benefit (NIHB) Program can be recommended by your local pharmacist?

This means that you do NOT need a prescription from your doctor, so it is easier to access these types of benefits:

- Acne medications
- Allergy medications
- Constipation treatments
- Diabetes devices such as Blood glucose test strips
- Emergency contraception (the 'morning after pill')
- Lice treatments
- Medications to treat eye or ear infections
- Medications for the prevention and treatment of nausea and vomiting in pregnancy
- Naloxone
- Prenatal vitamins
- Vaginal yeast infection treatments
- Smoking cessation aids
- Treatments for fungal skin infections
- Vitamin D or multi-vitamins for children under the age of 6

*Please ask your local pharmacist to provide a written recommendation.
Please be advised that this varies from pharmacy to pharmacy in Ontario.*



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