

Free

Lil' Miss Empowerment Group

Starting January 21—April 8, 2019

Held on Monday Nights

4:30~7:00pm

 **Confidence Building**

 **Meditating**  **Body Image**

 **Self-Awareness**

 **Journaling and more!**

Pre-Teens
9-12 yrs.

Dinner
Provided

Being held at – Health Promotions
White Pines Wellness Centre– 1745 Chiefswood Rd.

Call 519-445-4779 to register

Limited Space



SIX NATIONS COUNCIL

