

FREE

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LIFE SKILLS CLASSES

Life Skills topics include: Self-Esteem, Problem Solving, Assertiveness, Managing Emotions, Healthy Relationships and Money Management

Date: Every Other Tuesday Starting September 4, 2018 ending on November 13, 2018

Time: 4:30pm-6:00pm

Where: Ontario Works Classroom in Iroquois Plaza

To register please call Crystal or Jerica at 519-445-2143.

