



Ohsweken Public Health

Flu Campaign 2019/20



 **Get Your Flu Shot**

SIX NATIONS FLU CLINIC SCHEDULE 2019/20

Date	Time	Location
Monday November 4, 2019 to April 2020	9:00 am to 4:00 pm Monday to Friday Closed Statutory Holidays	Gane Yohs Health Center Walk-Ins Welcome
Wednesday November 6, 2019	9:00 am to 7:00 pm	Gane Yohs Health Center
Saturday November 9, 2019	9:00 am to 4:00 pm	SNEC Elections Community Hall
Saturday November 23 2019	10:00 am to 3:00 pm	ILA Christmas Bazaar
Wednesday November 27, 2019	9:00 am to 7:00 pm	Gane Yohs Health Center

**Flu Clinics held daily at the Gane Yohs Health Centre beginning
MONDAY NOVEMBER 4, 2019.
No appointment necessary!!**

Helpful Tips during Flu Season:

- ❖ Wash your hands often, with soap and water or an alcohol-based hand rub.
- ❖ Stay home from work/school when you are sick.
- ❖ Cough/sneeze into your elbow or sleeve, NOT your hands.
- ❖ Clean and disinfect commonly touched items at home and work (e.g. Door knobs, hand rails, telephones, cell phones).

❖ Get your Flu Shot, Get it Early !!

For more information, please call the Ohsweken Public Health Office @ 519-445-2672