

# Six Nations

## Annual Influenza Campaign 2016/17



### Six Nations Flu Clinic Schedule 2016/17

Date	Time	Location
Monday October 17, 2016 to April 2017	9:00 am to 4:00 pm Mon.-Fri. Walk-in Clinic	Gane Yohs Health Centre
Wednesday November 9, 2016	4:00 pm to 6:00 pm	Ohsweken Public Health Office
Saturday November 19, 2016	10:00 am to 2:00 pm	Six Nations Polytech (Six Nations General Elections)
Wednesday November 23, 2016	4:00 pm to 6:00 pm	Dajoh - Youth & Elders Centre
Wednesday November 30, 2016	4:00 pm to 6:00 pm	Ohsweken Public Health Office

**Flu Clinics held daily at the Gane Yohs Health Centre beginning  
October 17, 2016.**

**No appointment necessary!!**

***For more information, please contact the Ohsweken Public Health Office  
at 519-445-2672.***

#### Helpful Tips during Flu Season:

- ❖ Wash your hands often, with soap and water or an alcohol-based hand rub.
- ❖ Stay home from work/school when you are sick.
- ❖ Cough/sneeze into your elbow or sleeve, NOT your hands.
- ❖ Clean and disinfect commonly touched items at home and work (e.g. Door knobs, hand rails, telephones, cell phones).
- ❖ ***Get your Flu Shot, Get it Early !!***



October 11, 2016