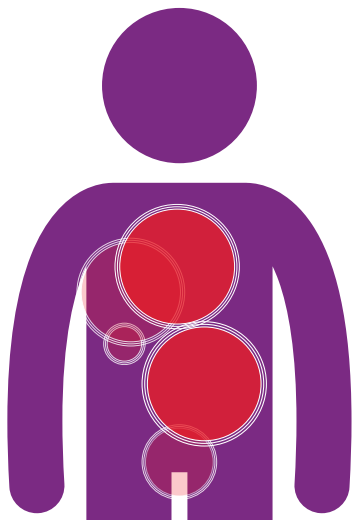




Cancer in First Nations People in Ontario

MOST COMMON CANCERS

The **most common** types of cancers among First Nations people are:



- Lung
- Colorectal
- Female Breast
- Prostate
- Kidney

CANCER INCIDENCE (NEW CASES)

New cancer cases in First Nations people compared to other people in Ontario:



Lung cancer
higher for First Nations people



Colorectal cancer
higher for First Nations people



Breast cancer
similar for First Nations women



Kidney cancer
higher for First Nations people



Cervical cancer
similar for First Nations women

PERCENTAGE OF NEW CANCERS DIAGNOSED IN FIRST NATIONS PEOPLE BY AGE GROUP

Cancer in young First Nations people (ages 0 to 29) is very rare.

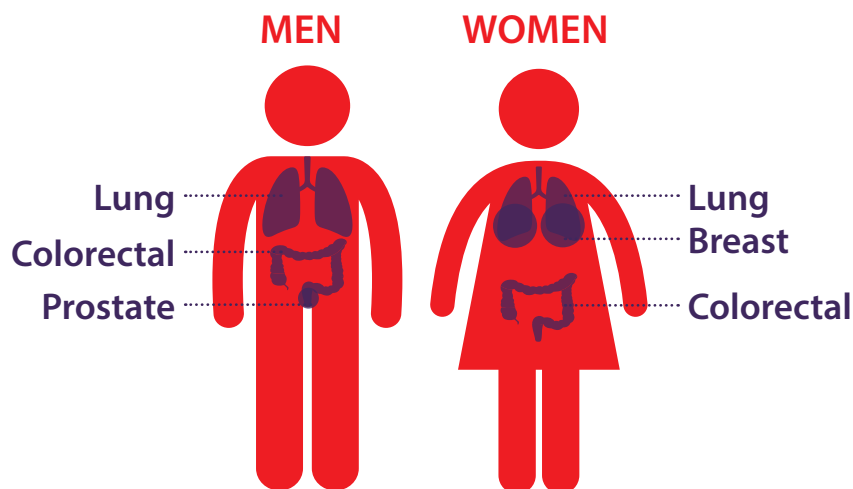
Most cancers are diagnosed in older First Nations people, particularly in people ages 50 to 79.



CANCER MORTALITY (DEATHS)

Deaths from cancer are **higher** in First Nations people than other people in Ontario

Top 3 most common deaths from cancer in First Nations people:



CANCER PREVENTION



Stop smoking



Limit alcohol use



Eat traditional food, fruit, vegetables & whole grains



Be physically active

CANCER SURVIVAL



The chance of living after a cancer diagnosis depends on many things, such as **when the cancer is caught** and the **type of cancer**

Of all cancers in First Nations people:



Best survival is for female breast and male prostate cancers

Poorest survival is for lung and pancreas cancers in men and women



TAKE ACTION



Know your body. **Get changes checked sooner than later.** If you have questions about your health, talk to a healthcare provider

For more information on cancer screening, visit: cancercareontario.ca/get-checked-cancer

To learn your personal cancer risk, start your 5 minute assessment online here: mycanceriq.ca

For the full report, visit: cancercareontario.ca/firstnationscancerreport

This infographic is about how cancer has been affecting First Nations peoples registered under the Indian Act (referred to as First Nations peoples) in Ontario from 1991 to 2010. This report uses data from the following three sources: Indian Registration System (IRS), Registered Persons Database (RPDB) and Ontario Cancer Registry (OCR).

Need this information in an accessible format?

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CREDIT: Artwork in banner by Mike Ormsby (W'DAE B'WAE). Leadership Journey (through canoe)

