Changing the way we talk about suicide

COMMUNITY



WEDNESDAY MARCH 20, 2019 | 9AM-2PM SIX NATIONS COMMUNITY HALL LUNCH PROVIDED

In our commitment to bringing safe spaces and cultirally relevent programing for suicide awareness and grief recovery, Brightening the Spirit Breaking the Silence presents a facilitated community driven dialogue on the way we talk about suicide and mental health. Please join us and share your ideas and opinions and feedback