

# Six Nations

## Annual Influenza Campaign 2018/19



GET YOUR  
FLU SHOT  
&  
GET IT  
EARLY

### Six Nations Flu Clinic Schedule 2018/19

Date	Time	Location
Monday October 29, 2018 to April 2019	9:00 am to 4:00 pm Monday to Friday Closed Statutory Holidays	Gane Yohs Health Centre Walk-Ins Welcome
Saturday November 3, 2018	10:00 am to 3:00 pm	Ohsweken Pharmasave
Wednesday November 14, 2018	4:00 pm to 7:00 pm	Ohsweken Public Health Office
Saturday November 24, 2018	10:00 am to 3:00 pm	Christmas Bazaar 2018 ILA Lacrosse Arena

Flu Clinics held daily at the Gane Yohs Health Centre beginning October 29, 2018.

**No appointment necessary!!**

*For more information, please contact the Ohsweken Public Health Office  
at 519-445-2672.*

#### Helpful Tips during Flu Season:

- ❖ Wash your hands often, with soap and water or an alcohol-based hand rub.
- ❖ Stay home from work/school when you are sick.
- ❖ Cough/sneeze into your elbow or sleeve, NOT your hands.
- ❖ Clean and disinfect commonly touched items at home and work (e.g. Door knobs, hand rails, light switches, desks/counter tops, telephones, cell phones).
- ❖ **Get your Flu Shot, Get it Early !!**