



# ASIST Training

**Applied Suicide Intervention Skills Training (ASIST) is a two-day interactive workshop in suicide first aid.**

**ASIST teaches participants to recognize when someone may have thoughts of suicide and work with them to create a plan that will support their immediate safety. Although ASIST is widely used by healthcare providers, participants don't need any formal training to attend the workshop—anyone can learn and use the ASIST model.**

**ASIST Training (2 days)**

**Cost: Free**

***May 23rd and 24th, 2019***

***Six Nations Community Hall - Sports Den***

***1738 4th Line Rd, Ohsweken ON N0A 1M0***

***8:30am to 4:30pm***



**Please contact Natachia Slezsak to register 519-717-5469 or [nslezsak@sixnations.ca](mailto:nslezsak@sixnations.ca)**