



Free Upcoming Training Sessions

Date—2018

March 22-23

August 23-24

October 13-14

Time

8:00am—4:00pm

8:00am—4:00pm

8:00am—4:00pm

Location:

**DaJoh Youth and Elders Centre
1738 Fourth Line Road, Ohsweken**

The Applied Suicide Intervention Skills Training (ASIST) workshop is for caregivers who want to feel more comfortable, confident and competent in helping to prevent the immediate risk of suicide.

ASIST training will guide a caregiver through an intervention model for Suicide Prevention. A Caregiver Participant will learn how to Connect with a person at risk, Understand The person at risk's choices, and Assist a person at risk with developing a safe-plan.

Learning how to use the ASIST model will empower a caregiver to explore invitations to suicide, ask about thoughts of suicide, and intervene with the person at risk by helping them connect to a network of resources.

**All are welcome!
Be apart of creating a suicide-
safer community!**

To register contact:

Robin Fraser at (519) 445-2143 or MSHHCM2@sixnations.ca

Jerica Kennedy at (519) 445-2143 or jkennedy@sixnations.ca




LivingWorks

 suicideTALK

 safeTALK

 ASIST

 suicide to Hope

