



January 2016

Non-Insured Health Benefits (NIHB) Program Update

Informing First Nations and Inuit clients, as well as their representative organizations, about their coverage and NIHB policy changes

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Dental Benefit Information

Preventive Dental Care

Preventive dental care includes taking good care of your teeth in order to prevent cavities, gum disease and other oral health problems. Regular brushing and flossing, eating a healthy diet, and visiting the dentist regularly are the most important things you can do to keep your mouth healthy.

The NIHB Program covers preventive dental services for adults and children. Children under 17 years of age are eligible for dental checkups, fluoride treatment and cleaning every six months. Clients 17 years of age and over are eligible for dental checkups and cleaning once a year.

It is recommended that children visit the dentist within six months of their first tooth coming in. Please check the [NIHB Dental Benefits Guide \(www.hc-sc.gc.ca/fniah-spnia/pubs/nihb-ssna/dent/2014-guide/index-eng.php\)](http://www.hc-sc.gc.ca/fniah-spnia/pubs/nihb-ssna/dent/2014-guide/index-eng.php) for a complete list of eligible dental services and treatments.

General Program Information

Reminder for Parents and Guardians of NIHB-Eligible Infant Children

Parents and guardians of infant children are encouraged to apply for registered Indian status or seek recognition from their Inuit land claims organization as soon as possible to ensure their child's access to NIHB benefits. In order to allow parents time to register their children, infants up to one year of age may access most types of NIHB benefits under their parent or guardian who is NIHB eligible. After their first birthday, a child should have his or her own status or N number to ensure continued eligibility for NIHB benefits. For additional information visit the following section of the NIHB web site: [To register an infant \(www.hc-sc.gc.ca/fniah-spnia/nihb-ssna/provide-fourir/client-beneficiaire-eng.php#spec_prov_inf\)](http://www.hc-sc.gc.ca/fniah-spnia/nihb-ssna/provide-fourir/client-beneficiaire-eng.php#spec_prov_inf). For dental services only, contact the [NIHB Dental Predetermination Centre \(www.hc-sc.gc.ca/contact/fniah-spnia/fnih-spni/nihbpa-ssnaap-eng.php#a1\)](http://www.hc-sc.gc.ca/contact/fniah-spnia/fnih-spni/nihbpa-ssnaap-eng.php#a1) if dental services are required for an unregistered infant under one year of age.

NIHB Registered Providers

Did you know that the NIHB Program works with over 30,000 private practice health service providers – such as dentists, pharmacists, optometrists and mental health counsellors - to help NIHB clients get the health benefits they need?

NIHB invites health service providers to register with the Program so that NIHB can pay them directly for eligible products and services provided to NIHB clients. These health service providers are not employees of Health Canada or the NIHB Program (with a few exceptions). NIHB has agreements with providers that encourage them to bill the Program directly, however in some cases providers will request that clients pay up front for their health benefits and services. To avoid an unexpected bill, it's best to confirm with your provider that they are registered with NIHB and will bill the Program directly, and that the product or service is fully covered by NIHB.

Client Inquiries - General

Alberta	1-780-495-3302 (Main reception) Toll-free: 1-800-232-7301
Atlantic	1-902-426-2656 Toll-free: 1-800-565-3294
British Columbia	First Nations Health Authority (FNHA) Toll free: 1-800-317-7878
Manitoba	Toll-free: 1-800-665-8507
Northwest Territories/Nunavut	Toll-free: 1-888-332-9222
Ontario	Toll-free: 1-800-640-0642
Quebec	1-514-283-1575 Toll-free: 1-877-483-1575
Saskatchewan	Toll free: 1-866-885-3933
Yukon	Toll-free: 1-866-362-6717

Client Inquiries – Dental and Orthodontic Services

NIHB Dental Predetermination Centre	Toll-Free: 1-855-618-6291 (Dental Services) Toll-Free: 1-866-227-0943 (Orthodontic Services)
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